


| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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**The Willows**  
At Mallard Cove

**ACTIVITIES CALENDAR**



|       |                  |          |
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| 10:00 | In the News      | <b>1</b> |
| 10:30 | Chair Exercise   |          |
| 11:30 | Lunch            |          |
| 12:30 | Reading Circle   |          |
| 1:15  | Sing Along       |          |
| 2:15  | Ice Cream Social |          |
| 3:15  | Color My World   |          |
| 4:30  | Dinner           |          |
| 6:00  | Movie            |          |

|   |          |   |          |   |          |  |          |  |          |  |          |  |          |
|---|----------|---|----------|---|----------|--|----------|--|----------|--|----------|--|----------|
| 10:00 Our Daily Bread<br>10:30 In the News<br>11:00 Trivia<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Fitness<br><b>2:00 Rev Farrell</b><br>2:30 Snack<br>3:00 Games<br>4:30 Dinner<br>6:00 Movie | <b>2</b> | <b>10:00 Dance Fitness with Jess</b><br>10:30 In The News<br>11:30 Lunch<br>12:30 Reading Circle<br><b>1:00 Diane Shields</b><br>2:15 Snack<br>3:00 Massage & Nail Spa<br>4:30 Dinner<br>5:30 Movie | <b>3</b> | <b>10:00 Communion Service</b><br>10:30 In The News<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Game Day (Illumination)<br><b>2:00 Snack</b><br><b>2:00 Richard Scott</b><br>3:15 Noodle Ball<br>4:30 Dinner<br>5:30 Movie | <b>4</b> | 10:00 In The news<br><b>10:30 Pilates/Celine</b><br>11:30 Lunch<br>12:30 Reading Circle<br><b>1:15 Cinder</b><br>2:15 Snack<br>3:15 Bingo<br>4:30 Dinner<br>5:30 Movie | <b>5</b> | 10:00 In the News<br><b>10:30 Belly Dancing with Lisa</b><br>11:30 Lunch<br>12:30 Reading Circle<br><b>1:00 Music Therapy with Shonda</b><br>2:15 Snack<br><b>3:00 Crafts with Danielle/Card Making</b><br>4:30 Dinner<br>5:30 Movie | <b>6</b> | <b>10:00 Yoga with Lynne</b><br>10:30 In the News<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Parachute Play<br>2:15 Happy Hour<br>3:15 Bingo<br>4:30 Dinner<br>6:00 Movie & Pop Corn | <b>7</b> | <b>10:00 Holiness Church Performance</b><br>10:30 Fitness<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Sing Along<br>2:15 Ice Cream Social<br>3:15 Color My World<br>4:30 Dinner<br>6:00 Movie | <b>8</b> |
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|---|----------|---|-----------|--|-----------|--|-----------|--|-----------|---|-----------|--|-----------|
| 10:00 Our Daily Bread<br>10:30 In the News<br>11:00 Trivia<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Sing Along<br>2:15 Snack<br>3:00 Bingo<br>4:30 Dinner<br>6:00 Movie | <b>9</b> | <b>10:00 Dance Fitness with Jess</b><br>10:30 In the News<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Massage & Nail Spa<br>2:15 Snack<br>3:15 Games & Trivia<br>4:30 Dinner<br>5:30 Movie | <b>10</b> | <b>10:00 Mike Pendell</b><br>11:00 In The News<br>11:30 Lunch<br>12:30 Reading Circle<br><b>1:30 Dave The Balloonist</b><br>2:15 Snack<br>3:15 Bingo<br>4:30 Dinner<br><b>6:00 Holiness Church</b> | <b>11</b> | 10:00 In The News<br><b>10:30 Pilates/Celine</b><br>11:30 Lunch<br>12:30 Reading Circle<br><b>1:15 Get Fit with Trish</b><br>2:15 Snack<br>3:15 Reminisce<br>4:30 Dinner<br>5:30 Movie | <b>12</b> | 10:00 In the News<br><b>10:30 Belly Dancing with Lisa</b><br>11:30 Lunch<br>12:30 Reading Circle<br><b>1:00 Music Therapy/Shonda</b><br>2:15 Snack<br>3:15 Chair Volleyball<br>4:30 Dinner<br>5:30 Movie | <b>13</b> | <b>10:00 Yoga with Lynne</b><br>10:30 In the News<br>11:30 Lunch<br><b>12:30 Meet &amp; Greet new Residents with Frank Gallenstein</b><br>1:45 Tic Tac Toe (Floor Bean Bags)<br>2:15 Happy Hour<br>3:15 Bingo<br>4:30 Dinner<br>6:00 Movie & Pop corn | <b>14</b> | 10:00 In the news<br>10:30 Chair Exercise<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Sing Along<br>2:15 Ice Cream Social<br>3:15 Color My World<br>4:30 Dinner<br>6:00 Movie | <b>15</b> |
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| 10:00 Our Daily Bread<br>10:30 In the news<br>11:00 Trivia<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Fitness<br><b>2:00 Rev Ferrell</b><br>2:30 Snack<br>3:00 Bingo<br>4:30 Dinner<br>6:00 Movie | <b>16</b> | <b>10:00 Dance Fitness with Jess</b><br>10:30 In the News<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Massage & Nail Spa<br>2:15 Snack<br>3:15 Reminisce<br>4:30 Dinner<br>5:30 Movie | <b>17</b> | <b>10:00 Communion Service</b><br><b>10:30 Audible Therapies</b><br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Arts & Crafts (Door Knob Hangers)<br>2:15 Snack<br>3:15 Parachute<br>4:30 Dinner<br>5:30 Movie | <b>18</b> | 10:00 In The News<br><b>10:30 Pilates/Celine</b><br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Family Feud<br>2:15 Snack<br>3:15 Bingo<br>4:30 Dinner<br>5:30 Movie | <b>19</b> | 10:00 In the News<br><b>10:30 Belly Dancing with Lisa</b><br>11:30 Lunch<br>12:30 Reading Circle<br><b>1:00 Music Therapy/Shonda</b><br>2:15 Snack<br><b>3:00 Crafts with Danielle/ Painting</b><br>4:30 Dinner<br>5:30 Movie | <b>20</b> | <b>10:00 Yoga with Lynne</b><br>10:30 In the News<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Game Day (Corn Hole)<br>2:15 Happy Hour<br>3:00 Bingo<br>4:30 Dinner<br>6:00 Movie & Pop corn | <b>21</b> | 10:00 In the News<br>10:30 Fitness<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Sing Along<br>2:15 Ice Cream Social<br>3:00 Color my World<br>4:30 Dinner<br>6:00 Movie | <b>22</b> |
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| 10:00 Our Daily bread<br>10:30 Fitness<br>11:00 Trivia<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Sing Along<br>2:00 Snack<br>3:00 Games & Trivia<br>4:30 Dinner<br>6:00 Movie | <b>23</b> | <b>10:00 Dance Fitness with Jess</b><br>10:30 In the News<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Arts & Crafts<br>2:15 Snack<br><b>3:00 Mike Connelly</b><br>4:30 Dinner<br>5:30 Movie | <b>24</b> | <b>10:00 Communion Service</b><br>10:30 Chair Exercise<br>11:30 Lunch<br>12:30 Reading Circle<br><b>1:15 PB&amp;J</b><br>2:15 Snack<br>3:15 Game Day (Noodle Ball)<br>4:30 Dinner<br>5:30 Movie | <b>25</b> | 10:00 In The News<br><b>10:30 Pilates/Celine</b><br>11:30 Lunch<br>12:30 Reading Circle<br><b>1:30 Get fit with Trish</b><br>2:15 Snack<br>3:15 Bingo<br>4:30 Dinner<br>5:30 Movie | <b>26</b> | 10:00 In The News<br><b>10:30 Belly Dancing With Lisa</b><br>11:30 Lunch<br>12:30 Reading Circle<br><b>1:00 Music Therapy with Shonda</b><br>2:15 Snack<br>3:15 Family Feud<br>4:30 Dinner<br>5:30 Movie | <b>27</b> | <b>PAT BRABENDER BIRTHDAY</b> |  | <b>28</b> | 10:00 In the News<br>10:30 Fitness<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Sing Along<br>2:15 Ice Cream Social<br>3:00 Color My World<br>4:30 Dinner<br>6:00 Movie | <b>29</b> |
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| 10:00 Our Daily bread<br>10:30 Fitness<br>11:00 Trivia<br>11:30 Lunch<br>12:30 Reading Circle<br>1:15 Sing Along<br>2:00 Snack<br>3:00 Games & Trivia<br>4:30 Dinner<br>6:00 Movie | <b>30</b> |
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**September Birthday**

**PAT BRABENDER 9/28**